



# Jonna Ocampo

ASTRONAUT. BODY BUILDER. AUTHOR.

# About Jonna - Beginnings



**Jonna Ocampo's story is one of hardships and perseverance,** but unlike so many, Jonna was able to turn her story around and become the successful motivated woman she is today. As a child, Jonna grew up in the Projects of Brooklyn, coming from a poor family. She left home at 17, and against all odds she pursued a college education. Even in college, Jonna was just barely getting by, only able to afford to eat one potato a day for a week. Other hardships found her in college as well, one led to a surgery which removed one of her ovaries ( which has caused 4 unsuccessful IVF treatments in the years since). After graduating and only being able to obtain a low paying job, Jonna was forced to go on public assistance. Over the years other hardships struck as well; getting a raise but being flooded out of her apartment twice, living out of her car, being homeless and living out of the Port Authority in Newark, moving into an apartment that no longer had a functioning shower or toilet and having to hold it all night and go to the gym first thing upon waking up, just to shower. **In the aftermath of all of these setbacks, Jonna became interested in space.** In 2002 Jonna decided she wanted to be an astronaut – a late astronaut.

# About Jonna – Tragedy into Triumph



Jonna's life has developed within her a strong determination and a resilience that kept her motivated. For a time, her husband was deployed to the Middle East 5 times, being blown clear by IED's 3 times, and later, being deployed to Korea for a year. **During these years, Jonna was forced to live solo. She used this time to reach down and find focus and she began training and competing as a figure competitor; going on to become Ms. Figure America twice.** She competed for the United States in England and Germany and earned the right to be considered one of the best 18 bodies in the world. Competition continued in the sport of power lifting and she went on to win Gold Medals Internationally for the USA, learning the deep pride that is felt when you hear your national anthem being played for the audience to hear.

**She has competed in 3 World Championships, been on the first-ever Gold Winning Female Team in U.S. history, and became the 3rd strongest woman in the world** in the 48 kg. class in the Czech Republic. The later of which she won after tearing her quadricep muscle 2 weeks prior to the competition, yet her determination and unwillingness to quit led her to push to compete that day, and resulted in her standing on the podium winning the Bronze.

# About Jonna – PoSSUM Program



**Even after all of this success she never lost sight of her dream to become an astronaut.** In 2014 she was selected to be a part of the first graduating class of Project PoSSUM, a program which put her one step closer to her dreams. Going into the program, she thought everything would be difficult. She isn't a pilot, (yet.) She had never been in a simulator. She hadn't even played video games since she was 8 years old. Understandably, she felt like the underdog. But when going through her training, it was the first time that things came easy. There wasn't a struggle. There was support. There were tears. There was joy. After training in Florida, she knew it was right.

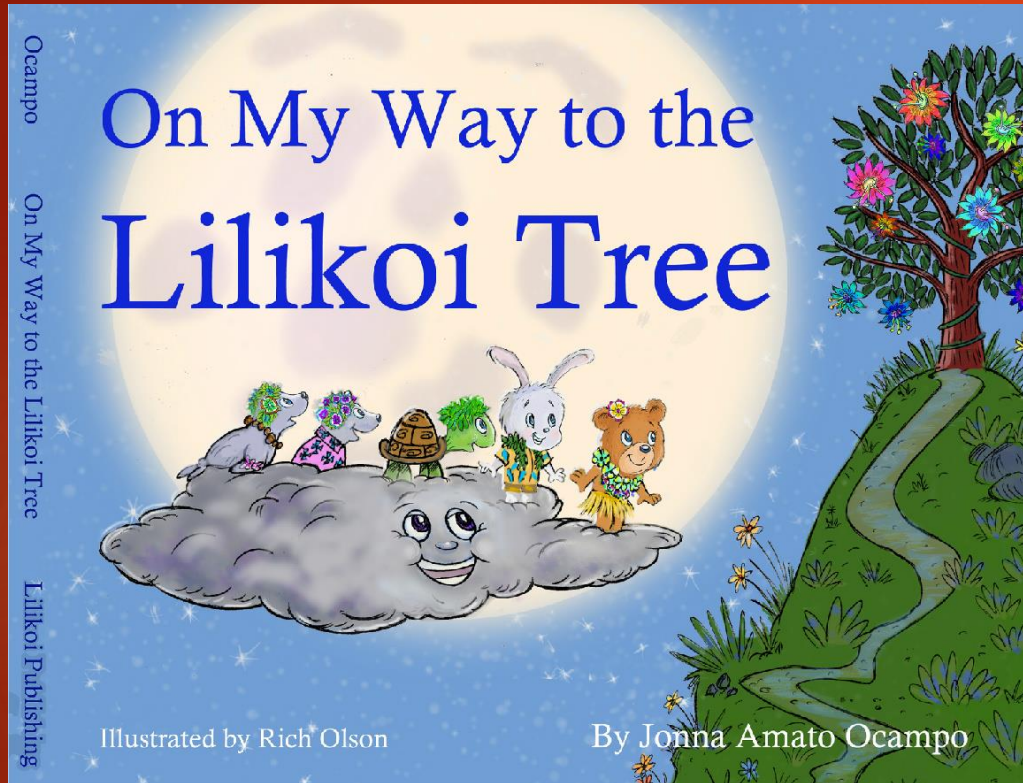
**Jonna is now looking forward to going to space on a commercial space flight and doing scientific research. A real astronaut, teaching us all that dreams really can come true.**

# Astronaut



Jonna is a part of the first graduating class of Project PoSSUM, a non-profit suborbital research program devoted to the ongoing observation of our upper atmosphere. The program is the first of it's kind and trains participants to be scientist astronauts, do important climate research, fly through aurora and 'space clouds', and learn from the world's best space scientists and astronaut instructors.

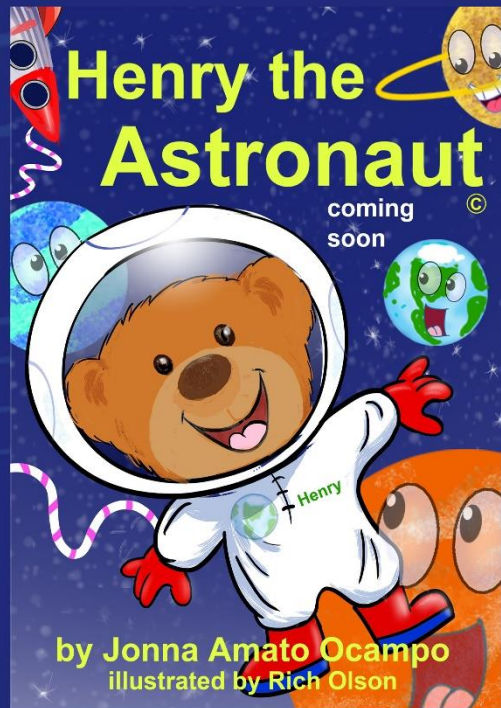
# On My Way To The Lilikoï Tree



On My Way to the Lilikoï Tree is a story that takes place on the island of Oahu, Hawaii. This island is known as “The Gathering Place” where Fluffy Fluff meets Honu, Hula-Hula, and the Hinas. Their adventure begins in their quest to find the Lilikoï Tree. They explore the island through sharing, caring, and harmony in the Spirit of Aloha.

On my way to the Lilikoï Tree is Jonna's first children's book.

# Henry The Astronaut



Six-year-old Henry is given a school assignment, "What do you want to be when you grow up?" When Henry goes to sleep, he has a dream and is greeted by the brightness of the night sky. He wonders what is hiding behind the mysterious stars and the moon. Henry decides to find out.

Henry's adventure begins by flying above the clouds, on to where the blue meets the darkness of the sky, and to the edge of space. He finds out what is behind the stars and the moon. Each planet pleasantly welcomes Henry. The solar system winds like a slide and leads him from planet to planet. The slide brings Henry back to Earth, and Henry tells the class his happy story of reaching for the stars. Some of the class are in belief and others disbelief, but Henry declares that he believes in his dreams, and in becoming Henry the Astronaut.

Henry The Astronaut is an upcoming children's book by Jonna Ocampo about Henry, a little boy who dreams of one day being an astronaut.

# Media



[Watch Jonna's PoSSUM journey in the National Geographic Story.](#)



# Media

## Book Expo America 2015



Press

# Los Angeles Times



This advertisement for Book Expo America 2015 is divided into several sections. At the top, it says "BOOK EXPO AMERICA 2015" and "90 Plus PR Library Booth #388". Below this is a section titled "A fun and inspiring learning-to-read resource" featuring a "Parent Reading Guide" with a "FREE (GIFTS)" badge. To the right is a "Meet the Authors" section with photos of several authors. The bottom half of the ad is a large advertisement for "BEVERLY HILLS JEWELERS" with the headline "I PAY HIGHEST CASH 50% HIGHER" and "DIAMONDS UP TO \$5 MILLION GOLD & JEWELRY". The ad includes the address "229 S. Beverly Drive, Beverly Hills, CA 90212" and a phone number.

This advertisement is titled "FRESH AND LOCAL" and "PRODUCE FROM THE FARM TO YOUR DOOR". It features a large image of a basket filled with various fresh fruits and vegetables. The text describes the benefits of fresh produce, mentioning that it is "picked at its peak" and "delivered to your door". It also includes a section titled "ASTRONAUTS AND AUTHORS" with a sub-headline "AN EXCITING LINEUP AT BEA 2015" and a photo of a woman, likely one of the authors mentioned in the text. The advertisement is for a book fair event.



For inquires on Jonna Ocampo

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